

Discharge Summary: Armidale Rural Referral Hospital

Patient Name: Felix Winters

Medical Record Number: N0XXXXXXXXXX

Admission Date: 07/09/18

Discharge Date: 10/09/18

Attending Surgeon: Dr. Blayden

Primary Care Physician: Dr. Michelle Guppy, Armidale General Practice, Armidale 2350

Final Diagnosis: Anterior epistaxis

Procedures: Rapid rhino insertion, 07/09/18

History of Present Illness

Mr Winters was recently an inpatient at ARRH Surgical ward due to an epistaxis. He attended the emergency department on the 7th of September, and was admitted under my care.

Mr Winters had an anterior epistaxis of which he lost approx. 4 cups of blood with associated drop in Hb. Management of this was complicated by his anticoagulation for prosthetic mitral valve and hypertension.

His bleeding stopped with rapid rhino insertion, left in situ for 72 hours. He received 1L of Hartman's solution and a blood transfusion while under my care. On discharge, Mr Winters' anterior epistaxis had ceased and his hemodynamic status had stabilised.

Laboratory/Data

Test	Result	Reference	Comment
Haemoglobin	70	130-170g/L	
WCC	10.5	3.9-10.6 x 10 ⁹ /L	
Platelets	220	150-400 x 10 ⁹ /L	
Haematocrit	0.17	0.39 – 0.52	

Hospital Course

1. Anterior epistaxis

Rapid rhino was inserted and left in situ for 72 hours with antibiotic coverage,

cephalexin 500mg BD, and analgesia, PRN panadol 1g QID

2. Anticoagulation reversal

Consultation with patient's regular cardiologist resulted in reversal of anticoagulation with prothrombinex.

Warfarin was discontinued

3. Hypovolaemia

IV Hartmans 1L in Emergency Department

Blood transfusion on surgical ward

Discharge Medications

Warfarin was discontinued. The rest of the medications to be continued as suggested.

Discharge Instructions (*diet, activity, discharged to home/nursing facility, etc*)

Please recommence patient on warfarin, aiming for INR 2-3

Please retest FBC, for haemoglobin and haematocrit.

Please provide Mr. Winters with a new referral to take to his cardiologist on the follow-up appointment.

Thank you for your ongoing care of Mr. Winters.

Follow-up Appointments

Dr. Ross, Cardiologist: 22/09/18¹