**Intervention Case Study Checklist**

**Before starting the case study:**

* I am mindful that this is a major requirement of the placement unit
* I have read the course book handbook on the guidelines regarding this topic + sample case studies from the online *Clinical Case Studies* journal from the UNE Library at <http://journals.sagepub.com/home/ccs>
* I have noted the 2000 word count requirement

**Sections**

**Cover Page**

* I have downloaded the Case Report Cover page from the Moodleplacement unit

**Formatting**

* I follow the Clinical Case Studies journal formatting. At all other times, I adhere to APA style.

**Abstract**

* 200 words maximum
* The abstract is informative, succinct and well structured

**Theoretical and Research Basis**

* I have defined the diagnostic presentation addressed in the manuscript and evidence-based interventions/assessments associated with it (based on to peer-reviewed literature)
* I have provided in this section a framework and a rationale for the intervention/assessment later described in the manuscript.

**Case Presentation (brief introduction of the presenting client/outline of presenting case)**

* I have referred to the client’s gender, age, SES, work/education status, living arrangements

**Presenting Complaints**

* I have described the clients’ presentation/ symptoms that led to the referral and the referral source

**History**

* I have provided relevant developmental history in different domains of life
* I have included a history of the symptoms (onset, duration, fluctuations) and impact on functioning
* I have referred to previous treatment history (medical and psychological)

**Assessment**

* I have reported the data gathered through the clinical interview, file review, and multiple informants (if applicable)
* I have described the self-report measures/tests used (previous, during and after treatment if applicable)

**Case Conceptualisation**

* I have identified and integrated the predisposing vulnerabilities, triggers, maintaining and protective factors that account for the client's presenting problem or target behaviour (this is not telling the client’s story again! and it needs to inform the intervention goals)
* The graph I included (if applicable) is a visual representation of the variable previously described in the formulation

**Course of Treatment** (can be by sessions)

* I have described the evidence based therapeutic approach undertaken, number of sessions, time span, and setting.
* I have described and clearly linked the intervention with the diagnosis/ formulation, and with relevant evidence based theories (i.e. *Course of Treatment* section is consistent with the section *Theoretical and Research Basis* and *Case Conceptualisation* in this manuscript)
* I have provided evidence of ongoing monitoring of effectiveness of intervention, and evaluated the outcome of the intervention.

 **Complicating factors**

* I have explained any variables that interfered with the treatmentgoals

 **Follow-Up**

 I have explained how (if applicable) I followed-up on the client or whether I organised other services for the client to continue liaising with

**Treatment Implications of the case**

* I have explained what this intervention has ratified or added to the current body of evidence- based literature relevant to clients with similar presentation

**Recommendations to clinicians and students**

* I have provided suggestions to other clinicians in relation to the lessons learned from this case

 **References**

* I have adhered to APA 6th Style and consulted this brief guideline when in doubt <http://www.une.edu.au/__data/assets/pdf_file/0007/12958/REF_APA-Referencing.pdf>

**Throughout the case study:**

* I have adhered to a scholarly writing style with clear and succinct written expression, without grammatical or spelling mistakes, using psychological terminology correctly
* I have demonstrated understanding of and adherence to ethical and professional standards
* I have based the study entirely on my own work (interventions/ assessment)
* I have adhered to the APA 6th Style in writing the content, in-text citation and list of references.
* Any doubt about referencing I have consulted <http://www.une.edu.au/__data/assets/pdf_file/0007/12958/REF_APA-Referencing.pdf>

**Before submission to the Placement Coordinator/Supervisor**

 **** My supervisor has co-signed the Case Report Cover page endorsing the veracity of the intervention/assessment

 I have reviewed the manuscript, proof-read it, and ensured that I have included information under all sections outlined in this checklist.

 I upload my case report and signed case report cover page as a word document or pdf to the Moodle Placement Unit. I do not submit a scanned case report, as this cannot be marked on Moodle.

 I can upload the case report and cover sheet as separate documents on Moodle if I cannot combine them within a single document.

 If I am having difficulties submitting my case report, I contact IT Support on 1800 763 040 or +61 (2) 6773 500 or servicedesk@une.edu.au