



Professional Education Practice (PEP) Record Book

First Year HSNS171Professional Nursing Practice 1: Foundations of Nursing Practice

STUDENT NAME:

STUDENT CONTACT TELEPHONE:

STUDENT ID NUMBER:

HOSPITAL/HEALTH AGENCY:

WARD/UNIT:

PRECEPTOR/FACILITATOR:

PRECEPTOR CONTACT TELEPHONE and EMAIL

PL	ACE	MEN	T D	ATES:

FROM / / TO / /

PRIOR TO SUBMISSION Student Declaration	Signature						
I have written this document b highlighter or pencil	y hand, neatly in biro e	nsuring no whiteout,					
I confirm the times and hours attended hours.	recorded are a true and	d accurate account to the					
I understand altering or falsify assessment results as per the							
I am submitting this within one	e week of placement co	ompletion					
I have dated and signed the Fo with my clinical facilitator or p							
I have dated and signed the co achievement summary with my							
All rostered shifts have been co							
File name saved and uploaded (i.e. 2200123456 John_DOE HS							
Student Name	Date	Time	Signature				
For more information, additional copies of documents or questions related to your PEP Record Book please contact the Nursing PEP staff.							

YOUR PEP RECORD BOOK

Your PEP Record Books have been designed to provide a record of your PEP experience. This record will provide you with guidance for your PEP development. You are personally responsible for your PEP Record Book and you are required to follow the following instructions:

- Show your PEP book to your Clinical Partner/Facilitator when you commence your PEP placement
- Keep this PEP Record Book with you at all times during your PEP placements.
- Keep it clear from food and drinks.
- Do not use white out/ correction fluid or tape under ANY circumstances
- Whilst on PEP, if no one is available to complete your PEP placement booklet, contact the Clinical Coordinator and they will negotiate with the agency for a report to be completed and forwarded to this university.

CHECK LIST

DO THIS NOW

- Write your name, contact telephone number and student number on the front cover of this book.
- Complete your goals for this placement in your PEP Record Book

DO THIS EVERY DAY

Complete your *Daily Attendance Time Sheet* and have your Clinical Partner/Facilitator/RN sign it. Must include evidence of one 30-minute break

BEFORE YOU LEAVE THE PLACEMENT

- Make sure your Clinical Partner/Facilitator/RN has signed your *Procedures Check List* for procedures performed during this placement.
- Ensure your Clinical Partner/Facilitator has completed and signed your Australian Nursing Standards Assessment Tool (ANSAT).
- Review your *Personal Goals* set for this placement; date those you have achieved. Ask your Clinical Partner/Facilitator to help you identify goals for your next placement (if applicable).

AT THE CONCLUSION OF THIS PLACEMENT

- Submit your completed PEP record book into the MyLearn site.
- You MUST keep your original PEP record book as it may be called on for auditing purposes.



The Nursing PEP Office

Placement Assistants: Contact Details:	Kate Mulvey Ellie Monley Kelly Winter (Monday and Friday) Nicole Hill (Tuesday, Wednesday and Thursday) Phone: (02) 6773 4388 Email: Via Askune
WIL Liaison Officer:	Alisa Kennedy
WIL Coordinator:	Email: <u>fcp_willo@une.edu.au</u> Jillian Fitzgerald
	Email: <u>fcpwil_coord@une.edu.au</u>
Clinical Coordinator (Academic):	Phone: (02) 6773 4388 Anthea Fagan Email: <u>fcpnursing_academic@une.edu.au</u>

After office hours:

UNE Emergency or Crisis Support:	Phone: 1300 661 927
Crisis Support via Text:	Phone: 0488 884 169

Go to the UNE website for further support: <u>Respect-Now-Always</u>

Learning outcomes

Upon completion of this unit, students will be able to:

1. demonstrate the ability to meet the hygiene, nutrition and elimination, mobility and comfort needs of patients with varying needs of dependence safely and within the scope of practice;

2. obtain a basic health history and conduct general physical assessment demonstrating ability to take vital signs, pain assessment, blood glucose levels, urinalysis, height and weight measurement; waist circumference across the lifespan and communicate and document findings;

3. interpret health information on patients' health assessment including digital information to identify and effectively communicate abnormal findings to others within legal, ethical and scope of practice requirements;

4. reflect upon professional education practice (PEP) and participation in individual and collaborative learning experiences; and

5. understand and apply the principles of infection control to theoretical, simulated, and professional education practice (PEP) environments.

SETTING GOALS

PEP goals can be viewed as a well thought out itinerary for your learning. They can give you guidance through PEP, keep you focused on the most important areas and can be used to communicate to others, such as your preceptor or Clinical Facilitator RN. They can offer information such as what you hope to achieve during your PEP and where your interests lie.

PEP goals may be prescribed (such as the competencies you need to achieve in your PEP placement book and you may also develop your own. In any sense the goals should be SMART (Levett-Jones & Reid-Searl, 2018).

Learning goals help you become a safe, effective, competent and confident registered nurse. Your goals will become progressively more sophisticated as you proceed through the program and each semester they will build upon and consolidate what you have already learnt.

S	Specific	Make your goal specific and narrow for more effective planning	C
Μ	Measurable	Make sure your goal and progress are measurable	
Α	Achievable	Make sure you can reasonably accomplish your goal within a certain time frame	
R	Relevant	Your goal should align with your values and long-term objectives	
Т	Time-based	Set a realistic but ambitious end date to clarify task prioritization and increase motivation	

 Goal What do I want to learn? Strategy How am I going to learn it? Evidence How am I going to prove that I have achieved my 			ANSAT Criteria
objective?			
Goals set before placement commencement	Reviewed by Supervisor at Orientation;	Developed before placement YES	10
Student Signature, Date	Name	Supervisor comment:	
		Name	
	Signature & Designation, Date	Signature & Designation, Date	

PEP ATTENDANCE RECORD

Day	Date	Time Start	Time Finish	Total Hours	Facilitator/preceptor Name and Signature (Cannot be signed by EN or AIN)	Staff Role/Title: CNE, NUM, RN
				Week 1		
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						
				Week 2		
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						
				Week 3		
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						
		1		Week 4		
Monday						
Tuesday						-
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						
Missing hours	can prevent of	enrolment	progressior	n to the nex	ther on this or the next placement. xt year level of the degree. 5 mandatory 30 minute break has	heen taken)

PROCEDURE ACHIEVEMENT SUMMARY

The following lists the skills that the student nurse has received theoretical and/or practical education (i.e. their scope of practice)

*Bold indicates compulsory assessment required

A Registered Nurse is requested to sign and date the procedures in the appropriate column.

Skills for consolidation this placement	lidation this placement Needs more supervised practice		Safe practice demonstrated			
	RN Signature	Date	RN Signature	Date		
Foundational Skills						
*Effective communication in English						
*Clinical handover						
* Perform accurate, concise and appropriate recording and reporting of client data using appropriate nursing and medical terminology						
*Culturally competent/culturally safe care						
*Engages in reflective practice during debriefing						
Patient education/ Health Promotion						
Infection Control	-					
*Standard/additional precautions (including PPE)						
*Hand hygiene						
Managing blood and body fluid spills						
Collection of a specimen (MSU, CSU, Faeces, wound swab)						
General Assessment	1					
*Assessing/documenting/interpreting of vital signs (BP, HR, RR, SPO2, ACVPU, Temp, Pain score)						
*Assessing/recording/interpreting of BGL						
Assessing/recording/interpreting of height, weight and waist circumference						
Admission of the patient across the lifespan and provision of support						
Responding to changes in a patient's condition (recognition of the deteriorating patient)						
*Pressure area assessment						
*Falls risk assessment						

	Needs more supervised practice		Safe practice demonstrated		
	RN Signature	Date	RN Signature	Date	
Patient Care					
*Planning and managing the care of a client/patient (inc. ALL - below)					
• Assisting patients with nutritional needs (excluding patients with swallowing difficulties)					
• Assisting with hygiene across the lifespan (mouth care, shaving, hair care and nail care, etc)					
• Assisting with personal hygiene across the lifespan (bed, bath or assisted shower)					
• Assisting with general elimination needs (toileting, bed pans, urinals, commodes)					
Assisting with mobility and use of mobility aids					
Assisting with pressure area care					
 Assisting with transferring and positioning of patients using safe manual handling techniques 					
*Establish and maintain a therapeutic relationship with person & families appropriate to the clinical setting & person.					
Basic life support					
Assisting with elimination needs related to stoma care					
Care of body after death					

Student Name:	Student ID:			
Course Name / Code:		Year Level:		
Clinical Setting /		Placement		
Ward:		Dates:		
Assessment type / date:	Summative			
	urs and practices not performed			
-	urs and practices performed below the acceptable/sat	-		(ANSAT)

3 = Expected behaviours and practices performed at a satisfactory/pass standard

4 = Expected behaviours and practices performed at a proficient standard



5 = Expected behaviours and practices performed at an excellent standard N/A = not assessed

	Assessment item	Circle one number							
1.	1. Thinks critically and analyses nursing practice								
٠	Complies and practices according to relevant legislation and local policy	1	2	3	4	5	N/A		
•	Uses an ethical framework to guide decision making and practice	1	2	3	4	5	N/A		
٠	Demonstrates respect for individual and cultural (including Aboriginal and Torres Strait Islander)	1	2	3	4	5	N/A		
	preference and differences	1	2	3	4	5	1N/A		
٠	Sources and critically evaluates relevant literature and research evidence to deliver quality	1	2	3	4	5	N/A		
	practice	1							
٠	Maintains the use of clear and accurate documentation	1	2	3	4	5	N/A		
2.				_					
•	Communicates effectively to maintain personal and professional boundaries	1	2	3	4	5	N/A		
•	Collaborates with the health care team and others to share knowledge that promotes person-	1	2	3	4	5	N/A		
	centred care			-		-	27/4		
•	Participates as an active member of the healthcare team to achieve optimum health outcomes	1	2	3	4	5	N/A		
•	Demonstrates respect for a person's rights and wishes and advocates on their behalf	1	2	3	4	5	N/A		
3.						~	27/4		
•	Demonstrates commitment to life-long learning of self and others	1	2	3	4	5	N/A		
٠	Reflects on practice and responds to feedback for continuing professional development	1	2	3	4	5	N/A		
•	Demonstrates skills in health education to enable people to make decisions and take action about their health	1	2	3	4	5	N/A		
•	Recognises and responds appropriately when own or other's capability for practice is impaired	1	2	3	4	5	N/A		
•	Demonstrates accountability for decisions and actions appropriate to their role	1	2	3	4	5	N/A		
4.	Comprehensively conducts assessments								
•	Completes comprehensive and systematic assessments using appropriate and available sources	1	2	3	4	5	N/A		
٠	Accurately analyses and interprets assessment data to inform practices	1	2	3	4	5	N/A		
5.	Develops a plan for nursing practice								
•	Collaboratively constructs a plan informed by the patient/client assessment	1	2	3	4	5	N/A		
•	Plans care in partnership with individuals/significant others/health care team to achieve expected outcomes	1	2	3	4	5	N/A		
6.	Provides safe, appropriate and responsive quality nursing practice								
•	Delivers safe and effective care within their scope of practice to meet outcomes	1	2	3	4	5	N/A		
•	Provides effective supervision and delegates care safely within their role and scope of practice	1	2	3	4	5	N/A		
•	Recognise and responds to practice that may be below expected organisational, legal or regulatory standards	1	2	3	4	5	N/A		
7.	Evaluates outcomes to inform nursing practice								
•	Monitors progress toward expected goals and health outcomes	1	2	3	4	5	N/A		
•	Modifies plan according to evaluation of goals and outcomes in consultation with the health care								
	team and others	1	2	3	4	5	N/A		
G	LOBAL RATING SCALE - In your opinion as an assessor of student performance,	relative	e to th	eir st.	1000	fnrad	rtice		
	e overall performance of this student in the clinical unit was:	retuive		en st	1500	pra	<u></u> ,		
	satisfactory Limited Satisfactory Good				Exc	cellen	t 🔲		
		*comple	te this	secti					
		-	umma						
DI;	SCUSSED: YES NO		sed		YES		10		
AD	DITIONAL PAPERWORK: YES NO	ras	seu	•	123	ľ			

SIGNATURE:



ANSAT - Australian Nursing Standards Assessment Tool

SUMMATIVE ASSESSOR FEEDBACK:	
1. What has the student done well through	ahout this placement?
2. What strategies can the student use to	advance their learning in future placements?
-	-
3. Any further comments?	
5. Any farther comments.	
SUPERVISOR COMMENTS:	
Signatura	Date:
Signature:	Date:
Signature:	Date:

Scoring rules:

- Circle N/A (not assessed) ONLY if the student has not had an opportunity to demonstrate the behaviour
- If an item is not assessed it is not scored and the total ANSAT score is adjusted for the missed item
- Circle ONLY ONE number for each item
- If a score falls between numbers on the scale the higher number will be used to calculate a total
- Evaluate the student's performance against the MINIMUM practice level expected for their level

ADDITIONAL ACTIVITIES

Record details of any additional activities such as in services or learning opportunities. This section is not compulsory. However, beneficial for your Professional Portfolio. Further pages can be copied/printed and added as required.

Name/Details of activity			
Attachments			
(eg. Attendance certificate)			
Summary of learning What have you learnt? How the CPD activity contributes to your body of knowledge and skills?			
	0		
Outcomes How can you apply this learning to your work and integrate the knowledge and findings into your practice?			
Further learning What further learning could you undertake?			

Name/Details of activity			
Attachments			
(eg. Attendance certificate)			
Summary of learning What have you learnt? How the CPD activity contributes to your body of knowledge and skills?			
Outcomes How can you apply this learning to your work and integrate the knowledge and findings into your practice?			
Further learning What further learning could you undertake?			

Information on the following pages are provided as a guide for students and facilitators in the completion of this record book. This page and the following do not need to be submitted into the MyLearn site.

1. THINKS CRITICALLY AND ANALYSES NURSING PRACTICE

- Complies and practices according to relevant legislation and local policy
- Follows policies and procedures of the facility/organisation (e.g. workplace health and safety / infection control policies)
- Maintains patient/client confidentiality
- Arrives fit to work
- Arrives punctually and leaves at agreed time
- Calls appropriate personnel to report intended absence
- Wears an identification badge and identifies self
- Observes uniform/dress code
- Maintains appropriate professional boundaries with patients/clients and carers
- Uses an ethical framework to guide their decision making and practice
- Understands and respects patients'/clients' rights
- Allows sufficient time to discuss care provision with patient/clients
- Refers patients/clients to a more senior staff member for consent when appropriate
- Seeks assistance to resolve situations involving moral/ethical conflict
- Applies ethical principles and reasoning in all health care activities
- Demonstrates respect for individual and cultural (including Aboriginal & Torres Strait Islander) preference and differences
- Practices sensitively in the cultural context
- Understands and respects individual and cultural diversity
- Involves family/others appropriately to ensure cultural/spiritual needs are met
- Sources and critically evaluates relevant literature and research evidence to deliver quality practice
- Locates relevant current evidence (e.g. clinical practice guidelines and systematic reviews, databases, texts)
- Clarifies understanding and application of evidence with peers or other relevant staff
- Applies evidence to clinical practice appropriately
- Participates in quality activities when possible (e.g. assists with clinical audit, journal club)
- Shares evidence with others

- Maintains the use of clear and accurate documentation
- Uses suitable language and avoids jargon
- Writes legibly and accurately (e.g. correct spelling, approved abbreviations)
- Records information according to organisational guidelines and local policy

2. ENGAGES IN THERAPEUTIC AND PROFESSIONAL RELATIONSHIPS

- <u>Communicates effectively to</u> <u>maintain personal and professional</u> <u>boundaries</u>
- Introduces self to patient/client and other health care team members,
- Greets others appropriately
- Listens carefully and is sensitive to patient/client and carer views
- Provides clear instructions in all activities
- Uses a range of communication strategies to optimise patient/client rapport and understanding (e.g. hearing impairment, non-English speaking, cognitive impairment, consideration of non-verbal communication)
- Communication with patient/client is conducted in a manner and environment that demonstrates consideration of confidentiality, privacy and patient's/client's sensitivities
- Collaborates with health care team and others to share knowledge that promotes person-centred care
- Demonstrates positive and productive working relationships with colleagues
- Uses knowledge of other health care team roles to develop collegial networks
- Demonstrates a collaborative approach to practice
- Identifies appropriate educational resources (including other health professionals)
- Prioritises safety problems
- Participates as an active member of the healthcare team to achieve optimum health outcomes
- Collaborates with the health care team and patient/client to achieve optimal outcomes
- Contributes appropriately in team meetings

- Maintains effective communication with clinical supervisors and peers
- Works collaboratively and respectfully with support staff
- Demonstrates respect for a person's rights and wishes and advocates on their behalf
- Advocates for the patient/client when dealing with other health care teams
- Identifies and explains practices which conflict with the rights/wishes of individuals/groups
- Uses available resources in a reasonable manner
- Ensures privacy and confidentiality in the provision of care

3. MAINTAINS THE CAPABILITY FOR PRACTICE

- Demonstrates commitment to lifelong learning of self and others
- Links course learning outcomes to own identified learning needs
- Seeks support from others in identifying learning needs
- Seeks and engages a diverse range of experiences to develop professional skills and knowledge
- Supports and encourages the learning of others
- <u>Reflects on practice and responds to</u> <u>feedback for continuing professional</u> <u>development</u>
- Reflects on activities completed to inform practice
- Plans professional development based on reflection of own practice
- Keeps written record of professional development activities
- Incorporates formal and informal feedback from colleagues into practice
- <u>Demonstrates skills in health</u> <u>education to enable people to make</u> <u>decisions and take action about their</u> <u>health</u>
- Assists patients/clients and carers to identify reliable and accurate health information
- Patient/client care is based on knowledge and clinical reasoning
- Refers concerns to relevant health professionals to facilitate health care decisions/delivery
- Provides information using a range of strategies that demonstrate consideration of patient/client needs
- Prepares environment for patient/client education including necessary equipment

ANSAT Behavioural Cues

- Demonstrates skill in patient/client education (e.g. modifies approach to suit patient/client age group, uses principles of adult learning)
- Educates the patient/client in selfevaluation
- <u>Recognises and takes appropriate</u> <u>action when capability for own</u> <u>practice is impaired</u>
- Identifies when own/other's health/well-being affect safe practice
- Advises appropriate staff of circumstances that may impair adequate work performance
- Demonstrates appropriate self-care and other support strategies (e.g. stress management)
- Demonstrates accountability for decisions and actions appropriate to their role
- Provides care that ensures patient/client safety
- Provides rationales for care delivery and/or omissions
- Sources information to perform within role in a safe and skilled manner
- Complies with recognised standards of practice

4. COMPREHENSIVELY CONDUCTS ASSESSMENTS

- Completes comprehensive and systematic assessments using appropriate and available sources
- Questions effectively to gain appropriate information
- Politely controls the assessment to obtain relevant information
- Responds appropriately to important patient/client cues
- Completes assessment in acceptable time
- Demonstrates sensitive and appropriate physical techniques during the assessment process
- Encourages patients/clients to provide complete information without embarrassment or hesitation
- Accurately analyses and interprets assessment data to inform practice
- Prioritises important assessment findings
- Demonstrates application of knowledge to selection of health care strategies (e.g. compares findings to normal)

- Seeks and interprets supplementary information, (e.g. accessing other information, medical records, test results as appropriate)
- Structures systematic, safe and goal oriented health care accommodating any limitations imposed by patient's/client's health status

5. DEVELOPS A PLAN FOR NURSING PRACTICE

- Collaboratively constructs a plan informed by the patient/client assessment
- Uses assessment data and best available evidence to construct a plan
- Completes relevant documentation to the required standard (e.g. patient/client record, care planner and assessment, statistical information)
- Considers organisation of planned care in relation to other procedures (e.g. pain medication, wound care, allied health therapies, other interventions)
- Plans care in partnership with individuals/significant others/health care team to achieve expected outcomes
- Collaborates with the patient/client to prioritise and formulate short and long term goals
- Formulates goals that are specific, measurable, achievable and relevant, with specified timeframe
- Advises patient/client about the effects of health care
- 6. PROVIDES SAFE, APPROPRIATE AND RESPONSIVE QUALITY NURSING PRACTICE
- Delivers safe and effective care within their scope of practice to meet outcomes
- Performs health care interventions at appropriate and safe standard
- Complies with workplace guidelines on patient/client handling
- Monitors patient/client safety during assessment and care provision
- Uses resources effectively and efficiently
- Responds effectively to rapidly changing patient/client situations
- Provides effective supervision and delegates safely within their role and scope of practice
- Accepts and delegates care according to own or other's scope of practice

- directions/decisions are unclear
- Identifies areas of own or other's practice that require direct/indirect supervision
- Recognises unexpected outcomes and responds appropriately
- <u>Recognise and responds to practice</u> <u>that may be below expected</u> <u>organisational, legal or regulatory</u> <u>standards</u>
- Identifies and responds to incidents of unsafe or unprofessional practice
- Clarifies care delivery which may appear inappropriate

7. EVALUATES OUTCOMES TO INFORM NURSING PRACTICE

- Monitors progress towards expected goals and health outcomes
- Refers patient/client on to other professional/s
- Begins discharge planning in collaboration with the health care team at the time of the initial episode of care
- Monitors patient/client safety and outcomes during health care delivery
- Records and communicates patient/client outcomes where appropriate
- Modifies plan according to evaluation of goals and outcomes in consultation with relevant health care team and others
- Questions patient/client or caregiver to confirm level of understanding
- Updates care plans/documentation to reflect changes in care
- Uses appropriate resources to evaluate effectiveness of planned care/treatment

Search and Find

To assist you to familiarize yourself with each individual clinical area please locate the following equipment and supplies in the ward you have been placed in and write where they are found in the column provided.

	EQUIPMENT	LOCATION
1.	Fire Exits	
	Fire Extinguishers and what fires they are used for.	
	Fire Blanket	
	Fire Hose	
2.	Emergency Arrest Buzzer	
	Emergency Trolley - Adult	
	Emergency Trolley - Paediatric	
3.	Defibrillator	
4.	ECG Machine	
5.	Procedure & Policy Manual	
6.	Infection Control Manual	
	Drug Cupboards -	
	D.Ds	
	Antibiotics	
	Trolley	
	Creams, lotions	
	Ventolin etc.	
	Water for irrigation	
	Oral medications	
7.	Syringes/needles etc.	
8.	Patient charts X-Rays	
	Old notes	
	Notes for filing	
	Stationery	
9.	Sterile supplies	
10.	Infusion devices	
11.	Computer - for patient data	
12.	Scrub sinks & gloves	
13.	Bed unit - how do you elevate/work the bed?	

14.	How does the patient call system and TV unit work?	
15 Ai	rway Management	
	Guedels airway-	
	Resuscitation masks	
	Suction equipment - How does it work?	
	Oxygen masks & tubing	
15.	Locate patients/staff toilets	
16.	Linen Trolley	
17.	Pan/Utility Room	
18. Lo	ocate Sphygmomanometer Glucometers Thermometers	
19.	Stethoscopes	
20.	Visitors Lounge	
	Questions to a	sk your Preceptor!
21	Where do staff have handover?	
22.	What is the ward's phone number if you are sick?	
23.	Where do you leave your bag/belongings?	
	Where can you obtain meals?	am chift
24.	What is the ward routine for am shift, pm shift, night shift?	am shift
		pm shift
		night shift
25.	How do the phones work?	

Have a great placement!