

## **Professional Education Practice (PEP) Record Book**

### HSNS249 Professional Nursing Practice 6: Primary Community Health Care

STUDENT NAME:

STUDENT CONTACT TELEPHONE:

STUDENT ID NUMBER:

HOSPITAL/HEALTH AGENCY:

WARD/UNIT:

PRECEPTOR/FACILITATOR:

PRECEPTOR CONTACT TELEPHONE:

PLACEMENT DATES:

FROM / / TO / /

| PRIOR TO SUBMISSION P<br>Student Declaration                   | Signature              |                            |  |  |  |
|--|------------------------|----------------------------|--|--|--|
| I have written this document<br>highlighter or pencil          | t by hand, neatly in I | biro ensuring no whiteout, |  |  |  |
| I confirm the times and hour the attended hours.               | rs recorded are a tru  | e and accurate account to  |  |  |  |
| I understand altering or fals<br>ANSAT assessment results a    |                        |                            |  |  |  |
| I am submitting this within of                                 | one week of placeme    | ent completion             |  |  |  |
| I have dated and signed the required) with my clinical factors |                        |                            |  |  |  |
| I have dated and signed the<br>achievement summary with        |                        |                            |  |  |  |
| All rostered shifts have beer AIN)                             |                        |                            |  |  |  |
| File name saved and upload<br>SURNAME Unit Code (i.e. 22       |                        |                            |  |  |  |
| Student Name   | Student Name Date Time |                            |  |  |  |

For more information, additional copies of documents or questions related to your PEP Record Book please contact the Nursing PEP Office.

## YOUR PEP RECORD BOOK

Your PEP Record Books have been designed to provide a record of your PEP placement experience. This record will provide you with guidance for your PEP development. You are personally responsible for your PEP Record Book and you are required to follow the following instructions.

- Show your PEP book to your Clinical Partner/Facilitator when you commence your PEP placement to discuss your requirements for the placements.
- Keep this PEP Record Book with you at all times during your PEP placements.
- Keep it clear from food and drinks.
- Do not use white out/ correction fluid or tape under ANY circumstances
- Whilst on PEP placement if no one is available to complete your PEP placement booklet, contact the Clinical Coordinator and they will negotiate with the agency for a report to be completed and forwarded to this university.

### CHECK LIST

#### **DO THIS NOW**

- Write your name, contact telephone number and student number on the front cover of this book.
- Complete your goals for this placement in your PEP Record Book

#### **DO THIS EVERY DAY**

Complete your *Daily Attendance Time Sheet* and have your Clinical Partner/Facilitator/RN sign it. Must include evidence of one 30 minute break

#### **BEFORE YOU LEAVE THE PLACEMENT**

- Make sure your Clinical Partner/Facilitator/RN has signed your *Procedures Check List* for procedures performed during this placement.
- Ensure your Clinical Partner/Facilitator has completed and signed your *Australian Nursing Standards Assessment Tool (ANSAT)*.
- Review your *Personal Goals* set for this placement; date those you have achieved. Ask your Clinical Partner/Facilitator to help you identify goals for your next placement (if applicable).

#### AT THE CONCLUSION OF THIS PLACEMENT

- Submit your completed PEP record book into the MyLearn site.
- You MUST keep your original PEP record book as it may be called on for auditing purposes.



## The Nursing PEP Office

| Placement Assistants:<br>Contact Details: | Kate Mulvey<br>Ellie Monley<br>Kelly Winter (Monday and Friday)<br>Nicole Hill (Tuesday, Wednesday and Thursday)<br>Phone: (02) 6773 4388<br>Email: Via Askune |
|---|--|
| WIL Liaison Officer:                      | Alisa Kennedy<br>Email: fcp_willo@une.edu.au   |
| WIL Coordinator:                          | Jillian Fitzgerald<br>Email: fcpwil_coord@une.edu.au   |
| Clinical Coordinator (Academic):          | Phone: (02) 6773 4388<br>Anthea Fagan<br>Email: <u>fcpnursing_academic@une.edu.au</u>  |

## After office hours:

| <b>UNE Emergency or Crisis Support:</b> | Phone: 1300 661 927 |
|---|---------------------|
| Crisis Support via Text:                | Phone: 0488 884 169 |

Go to the UNE website for further support: <u>Respect-Now-Always</u>

## LEARNING OUTCOMES AND SETTING PEP GOALS

Upon completion of this unit, students will be able to:

- 1. relate the social determinants of health to the experience of individuals, families and communities and identify how this influences the scope and nature of nursing practice in primary and community settings;
- 2. apply the principles of primary health care when working as a nurse in primary and community care;
- 3. identify and respond in culturally appropriate ways to diversity among individuals, communities and populations;
- 4. discuss the role of the nurse in areas of focus in primary and community nursing such as maternal and child health, sexual health, and domestic violence;
- 5. identify the relationship between health literacy and social determinants of health and participate in and critically evaluate a range of health promotion strategies; and
- 6. describe how social policy influences the provision of primary and community health and impacts nursing practice particularly in rural and remote contexts in Australia.

### SETTING GOALS

PEP goals can be viewed as a well thought out itinerary for your learning. They can give you guidance through PEP, keep you focused on the most important areas and can be used to communicate to others, such as your preceptor or Clinical Facilitator RN. They can offer information such as what you hope to achieve during your PEP and where your interests lie.

PEP goals may be prescribed (such as the competencies you need to achieve in your PEP record book and you may also develop your own. In any sense the goals should be SMART (Levett-Jones & Reid-Searl, 2018).

Learning goals help you become a safe, effective, competent and confident registered nurse. Your goals will become progressively more sophisticated as you proceed through the program and each semester they will build upon and consolidate what you have already learnt.



| <ol> <li>Goal What do I want to learn?</li> <li>Strategy How am I going to lear</li> </ol> | <b>2. Rational</b> Why do I won it? <b>4. Evidence</b> How am I | vant to learn it?<br>going to prove that I have achieved my objective? | ANSAT<br>Criteria |
|--|---|--|-------------------|
|  |   |  |                   |
|  |   |  |                   |
|  |   |  |                   |
|  |   |  |                   |
|  |   |  |                   |
|  |   |  |                   |
|  |   |  |                   |
|  |   |  |                   |
|  |   |  |                   |
|  |   |  |                   |
| Goals set before placement commencement  | Reviewed by Supervisor at Orientation;                          | Developed before placement YES NC                                      | )                 |
| Student Signature, Date  | Name  | Supervisor comment:  |                   |
|  |   | Name   |                   |
|  | Signature & Designation, Date                                   | Signature & Designation, Date  |                   |

## PEP ATTENDANCE RECORD



| Day           | Date          | Time<br>Start | Time<br>Finish | Total<br>Hours | Facilitator/preceptor<br>Name and Signature<br>(Cannot be signed by EEN or<br>AIN)                          | Staff<br>Role/Title:<br>CNE, NUM, RN |  |
|---------------|---------------|---------------|----------------|----------------|---|--------------------------------------|--|
|               |               |               |                | Week 1         | AIN   |                                      |  |
| Monday        |               |               |                |                |   |                                      |  |
| Tuesday       |               |               |                |                |   |                                      |  |
| Wednesday     |               |               |                |                |   |                                      |  |
| Thursday      |               |               |                |                |   |                                      |  |
| Friday        |               |               |                |                |   |                                      |  |
| Saturday      |               |               |                |                |   |                                      |  |
| Sunday        |               |               |                |                |   |                                      |  |
|               |               |               |                | Week 2         |   |                                      |  |
| Monday        |               |               |                |                |   |                                      |  |
| Tuesday       |               |               |                |                |   |                                      |  |
| Wednesday     |               |               |                |                |   |                                      |  |
| Thursday      |               |               |                |                |   |                                      |  |
| Friday        |               |               |                |                |   |                                      |  |
| Saturday      |               |               |                |                |   |                                      |  |
| Sunday        |               |               |                |                |   |                                      |  |
| Week 3        |               |               |                |                |   |                                      |  |
| Monday        |               |               |                |                |   |                                      |  |
| Tuesday       |               |               |                |                |   |                                      |  |
| Wednesday     |               |               |                |                |   |                                      |  |
| Thursday      |               |               |                |                |   |                                      |  |
| Friday        |               |               |                |                |   |                                      |  |
| Saturday      |               |               |                |                |   |                                      |  |
| Sunday        |               |               |                |                |   |                                      |  |
|               |               |               |                | Week 4         |   | -                                    |  |
| Monday        |               |               |                |                |   |                                      |  |
| Tuesday       |               |               |                |                |   |                                      |  |
| Wednesday     |               |               |                |                |   |                                      |  |
| Thursday      |               |               |                |                |   |                                      |  |
| Friday        |               |               |                |                |   |                                      |  |
| Saturday      |               |               |                |                |   |                                      |  |
| Sunday        |               |               |                |                |   |                                      |  |
| Missing hours | can prevent e | enrolment     | progression    | to the nex     | ther on this or the next placement<br>kt year level of the degree.<br><b>5 mandatory 30 minute break ha</b> |                                      |  |

### PEP ATTENDANCE RECORD



## Make Up Placements Only

| Day       | Date | Time<br>Start | Time<br>Finish | Unit<br>Code | Total<br>Hours | Facilitator/preceptor<br>Name and Signature<br>(Cannot be signed by | Staff Role/Title:<br>CNE, NUM, RN |  |  |  |
|-----------|------|---------------|----------------|--------------|----------------|---|-----------------------------------|--|--|--|
|           |      |               |                |              |                | EEN or AIN)   |                                   |  |  |  |
| Week 1    |      |               |                |              |                |   |                                   |  |  |  |
| Monday    |      |               |                |              |                |   |                                   |  |  |  |
| Tuesday   |      |               |                |              |                |   |                                   |  |  |  |
| Wednesday |      |               |                |              |                |   |                                   |  |  |  |
| Thursday  |      |               |                |              |                |   |                                   |  |  |  |
| Friday    |      |               |                |              |                |   |                                   |  |  |  |
| Saturday  |      |               |                |              |                |   |                                   |  |  |  |
| Sunday    |      |               |                |              |                |   |                                   |  |  |  |
|           |      |               |                | Week         | 2              |   |                                   |  |  |  |
| Monday    |      |               |                |              |                |   |                                   |  |  |  |
| Tuesday   |      |               |                |              |                |   |                                   |  |  |  |
| Wednesday |      |               |                |              |                |   |                                   |  |  |  |
| Thursday  |      |               |                |              |                |   |                                   |  |  |  |
| Friday    |      |               |                |              |                |   |                                   |  |  |  |
| Saturday  |      |               |                |              |                |   |                                   |  |  |  |
| Sunday    |      |               |                |              |                |   |                                   |  |  |  |
|           |      |               |                |              |                | this or the next placement<br>evel of the degree. <b>Timesl</b>     |                                   |  |  |  |

example: 07:00 - 15:30 = 8 hours (shows mandatory 30 minute break has been taken

| PRIOR TO SUBMISSION MAKE UP TIMESHEET PLEASE COMPLETE<br>Student Declaration  | Signature |
|---|-----------|
| I have written this document by hand, neatly in biro ensuring no whiteout, highlighter or pencil  |           |
| I confirm the times and hours recorded are a true and accurate account to the attended hours.   |           |
| I understand altering or falsifying records such as shift times, hours and ANSAT assessment results as per the UNE assessment policy is academic misconduct |           |
| I am submitting this within one week of placement completion  |           |
| All rostered shifts have been countersigned by supervising RN (Not EEN or AIN)  |           |
| I am aware it is my responsibility to advise the unit coordinator of timesheet submission to avoid delay with my grade.                                     |           |

| Student Name Unit Code | Date | Time | Signature |
|------------------------|------|------|-----------|
|                        |      |      |           |

## PROCEDURE ACHIEVEMENT SUMMARY

The following lists the skills that the student nurse has received theoretical and/or practical education (i.e. their scope of practice) **\*Bold indicates compulsory assessment required** 

A Registered Nurse is requested to sign and date the procedures in the appropriate column.

Students are expected to comply with local healthcare policy in the practice of any skill

| Skills for consolidation this placement  | Needs more supe<br>practice | ervised | Safe practice demonstrated |      |
|--|-----------------------------|---------|----------------------------|------|
|  | RN Signature                | Date    | RN Signature               | Date |
| Foundational Skills  |                             |         |                            |      |
| *Effective communication in English  |                             |         |                            |      |
| *Communicate with staff and clients using therapeutic skills   |                             |         |                            |      |
| * Clinical handover  |                             |         |                            |      |
| * Perform accurate, concise and appropriate recording and reporting of client data using appropriate nursing and medical terminology |                             |         |                            |      |
| *Culturally competent/culturally safe care   |                             |         |                            |      |
| *Engages in reflective practice with supervising RN/Facilitator  |                             |         |                            |      |
| *Demonstrate basic time management skills  |                             |         |                            |      |
| Patient education/ Health promotion  |                             |         |                            |      |
| Infection Control  |                             |         |                            |      |
| *Standard/additional precautions (including PPE)   |                             |         |                            |      |
| *Hand hygiene  |                             |         |                            |      |
| Disposal of sharps   |                             |         |                            |      |
| Managing blood and body fluid spills   |                             |         |                            |      |
| Collection of a specimen (MSU, CSU, Faeces, wound swab)  |                             |         |                            |      |
| Calculate and administer doses of medications:   |                             |         |                            |      |
| Intramuscular/subcutaneous   |                             |         |                            |      |
| Intravenous (bolus or infusion)  |                             |         |                            |      |
| General Assessment   |                             |         | -                          | I    |
| *Assessing/documenting/interpreting of vital signs (BP, HR, RR, SPO2, ACVPU, Temp, Pain score)                                       |                             |         |                            |      |
| Assessing/recording/interpreting of BGL  |                             |         |                            |      |
| Assessing/recording/interpreting of height, weight and waist circumference   |                             |         |                            |      |

| Admission of the patient across the lifespan and provision of support  |                             |      |                            |      |
|--|-----------------------------|------|----------------------------|------|
| Responding to changes in a patient's condition (recognition of the deteriorating patient)                                  |                             |      |                            |      |
| Bladder scanning   |                             |      |                            |      |
| Comprehensive pain assessment  |                             |      |                            |      |
| Respiratory assessment   |                             |      |                            |      |
| Cardiac assessment   |                             |      |                            |      |
| Conduct and interpret an ECG   |                             |      |                            |      |
| Skills for consolidation this placement  | Needs more supe<br>practice |      | Safe practice demonstrated |      |
|  | RN Signature                | Date | RN Signature               | Date |
| Pressure area assessment   |                             |      |                            |      |
| Falls risk assessment  |                             |      |                            |      |
| Pre/Post-operative assessment  |                             |      |                            |      |
| Patient Care   |                             | T    | 1                          |      |
| *Establish and maintain a therapeutic relationship with person & families appropriate to the<br>clinical setting & person. |                             |      |                            |      |
| *Managing an appropriate patient load  |                             |      |                            |      |
| *Identify primary health and primary care needs after completing a health history  |                             |      |                            |      |
| *Identify SDH negatively impacting a client's health   |                             |      |                            |      |
| *Document recommended health screening in two clients using evidence-based (EB) guidelines                                 |                             |      |                            |      |
| *Assess health literacy, learning needs, style and readiness to learn for two clients/patients                             |                             |      |                            |      |
| *Develop a plan to improve health literacy level for two clients   |                             |      |                            |      |
| *Collaboratively (with client who has a chronic condition) develop an education plan                                       |                             |      |                            |      |
| *Provide EB health education to a client who has a chronic condition   |                             |      |                            |      |
| *Use advocacy, mediation or enablement when providing health promotion and education                                       |                             |      |                            |      |
| *Evaluate process and impact of client learning  |                             |      |                            |      |
| *Identify community health services that could improve health outcomes for two clients                                     |                             |      |                            |      |
| • Assisting with hygiene across the lifespan (mouth care, shaving, hair care and nail care, etc)                           |                             |      |                            |      |
| Assisting with personal hygiene across the lifespan (bed, bath or assisted shower)   |                             |      |                            |      |
| • Assisting with general elimination needs (toileting, bed pans, urinals, commodes)  |                             |      |                            |      |
| Assisting with mobility and use of mobility aids   |                             |      |                            |      |
| Assisting with pressure area care  |                             |      |                            |      |
| <ul> <li>Assisting with transferring and positioning of patients using safe manual handling<br/>techniques</li> </ul>      |                             |      |                            |      |

| Basic life support  |                                     |      |                    |      |  |
|---|-------------------------------------|------|--------------------|------|--|
| Care of body after death  |                                     |      |                    |      |  |
| Care of a person with a tracheostomy  |                                     |      |                    |      |  |
| Medication admission (adults & children)  |                                     |      |                    |      |  |
| Initiation and ongoing management of oxygen therapy (Face mask/Nasal Prongs)                                |                                     |      |                    |      |  |
| Initiation and ongoing management of intravenous fluids   |                                     |      |                    |      |  |
| Initiation and ongoing management of Patient Controlled Analgesia (PCA)                                     |                                     |      |                    |      |  |
| Calculate and administer doses of medications (inclusive of S4 and S8 medications, as per facility policy): |                                     |      |                    |      |  |
| • Oral  |                                     |      |                    |      |  |
| Sublingual/buccal   |                                     |      |                    |      |  |
| Topical/transdermal   |                                     |      |                    |      |  |
| • PV/PR   |                                     |      |                    |      |  |
| Otic/Ocular   |                                     |      |                    |      |  |
| • Intranasal  |                                     |      |                    |      |  |
| Administration of medications via a nebuliser   |                                     |      |                    |      |  |
| Administration and management of oxygen therapy   |                                     |      |                    |      |  |
| Intravenous (bolus or infusion  |                                     |      |                    |      |  |
| Intramuscular/subcutaneous  |                                     |      |                    |      |  |
| Skills for consolidation this placement   | Needs more supervised Safe practice |      | Safe practice demo |      |  |
|   | RN Signature                        | Date | RN Signature       | Date |  |
| Aseptic Technique/invasive devices  |                                     |      |                    |      |  |
| Collection of a specimen (MSU, CSU, Faeces)   |                                     |      |                    |      |  |
| Aseptic Non Touch Technique   |                                     |      |                    |      |  |
| Removal of an IVC   |                                     |      |                    |      |  |
| Removal of sutures/staples/clips  |                                     |      |                    |      |  |
| Insertion/removal/maintenance of an IDC   |                                     |      |                    |      |  |
| Insertion/removal/management of a feeding tube (NGT/PEG)  |                                     |      |                    |      |  |
| Dry Dressing  |                                     |      |                    |      |  |
| Removal of sutures/staples/clips  |                                     |      |                    |      |  |
| Complex wounds - wound irrigation   |                                     |      |                    |      |  |
|   |                                     | 1    |                    |      |  |

| Student Name:            |           |     | Student ID:   |  |
|--------------------------|-----------|-----|---------------|--|
| Course Name / Code:      |           |     | Year Level:   |  |
| Clinical Setting / Ward: |           | Pla | cement Dates: |  |
| Assessment type / date:  | Summative |     |               |  |

1 = Expected behaviours and practices not performed

Code:

2 = Expected behaviours and practices performed below the acceptable/satisfactory standard

**3** = Expected behaviours and practices performed at a satisfactory/pass standard

4 = Expected behaviours and practices performed at a proficient standard

5 = Expected behaviours and practices performed at an excellent standard N/A

| = not assessed  | Australian<br>Nursing Standards<br>Assessment Tool |       |               |         |        |                |
|---|--|-------|---------------|---------|--------|----------------|
| Assessment item   | Circle one number                                  |       |               |         |        |                |
| 1. Thinks critically and analyses nursing practice  | 1  |       |               |         |        |                |
| Complies and practices according to relevant legislation and local policy   | 1  | 2     | 3             | 4       | 5      | N/A            |
| Uses an ethical framework to guide decision making and practice   | 1  | 2     | 3             | 4       | 5      | N/A            |
| • Demonstrates respect for individual and cultural (including Aboriginal and Torres Strait Islander) preference and differences                                       | 1  | 2     | 3             | 4       | 5      | N/A            |
| Sources and critically evaluates relevant literature and research evidence to deliver quality practice  | 1  | 2     | 3             | 4       | 5      | N/A            |
| Maintains the use of clear and accurate documentation   | 1  | 2     | 3             | 4       | 5      | N/A            |
| 2. Engages in therapeutic and professional relationships  | -  |       |               | 1       |        |                |
| <ul> <li>Communicates effectively to maintain personal and professional boundaries</li> </ul>   | 1  | 2     | 3             | 4       | 5      | N/A            |
| Collaborates with the health care team and others to share knowledge that promotes person-  | 1  | 2     | 3             | 4       | 5      | N/A            |
| centred care  |  |       |               |         |        |                |
| Participates as an active member of the healthcare team to achieve optimum health outcomes  | 1  | 2     | 3             | 4       | 5      | N/A            |
| Demonstrates respect for a person's rights and wishes and advocates on their behalf   | 1  | 2     | 3             | 4       | 5      | N/A            |
| 3. Maintains the capability for practice  |  | -     |               |         |        | -              |
| Demonstrates commitment to life-long learning of self and others  | 1  | 2     | 3             | 4       | 5      | N/A            |
| Reflects on practice and responds to feedback for continuing professional development   | 1  | 2     | 3             | 4       | 5      | N/A            |
| • Demonstrates skills in health education to enable people to make decisions and take action about their health   | 1  | 2     | 3             | 4       | 5      | N/A            |
| Recognises and responds appropriately when own or other's capability for practice is impaired   | 1  | 2     | 3             | 4       | 5      | N/A            |
| Demonstrates accountability for decisions and actions appropriate to their role   | 1  | 2     | 3             | 4       | 5      | N/A            |
| 4. Comprehensively conducts assessments   |  |       |               |         |        |                |
| Completes comprehensive and systematic assessments using appropriate and available sources  | 1  | 2     | 3             | 4       | 5      | N/A            |
| Accurately analyses and interprets assessment data to inform practices  | 1  | 2     | 3             | 4       | 5      | N/A            |
| 5. Develops a plan for nursing practice   | <u> </u>   |       | -             |         | -      |                |
| Collaboratively constructs a plan informed by the patient/client assessment   | 1  | 2     | 3             | 4       | 5      | N/A            |
| <ul> <li>Plans care in partnership with individuals/significant others/health care team to achieve expected</li> </ul>  |  |       | -             |         |        |                |
| outcomes  | 1  | 2     | 3             | 4       | 5      | N/A            |
| 6. Provides safe, appropriate and responsive quality nursing practice   |  |       |               | -       |        |                |
| • Delivers safe and effective care within their scope of practice to meet outcomes  | 1  | 2     | 3             | 4       | 5      | N/A            |
| • Provides effective supervision and delegates care safely within their role and scope of practice  | 1  | 2     | 3             | 4       | 5      | N/A            |
| Recognise and responds to practice that may be below expected organisational, legal or regulatory standards   | 1  | 2     | 3             | 4       | 5      | N/A            |
| 7. Evaluates outcomes to inform nursing practice  |  |       |               |         |        |                |
| Monitors progress toward expected goals and health outcomes   | 1  | 2     | 3             | 4       | 5      | N/A            |
| • Modifies plan according to evaluation of goals and outcomes in consultation with the health care  | 1  | 2     | 3             | 4       | 5      | N/A            |
| team and others   |  |       |               |         |        |                |
| GLOBAL RATING SCALE - In your opinion as an assessor of student performance, <u>relation</u><br>overall performance of this student in the <u>cl</u> inical unit was: | <u>ve to</u>                                       | their | stage         | e of pr | actic  | <u>e</u> , the |
| Unsatisfactory Limited Satisfactory Good  |  |       |               | Exe     | cellen | ıt 🗌           |
| **Note: a rating 1 &/or 2 indicates that the STANDARD has NOT been achieved *complete this section ONLY if this is a  |  |       |               |         |        |                |
| summative assessment  |  |       |               |         |        |                |
| DISCUSSED: YES NO   |  |       | Passed: YES N |         |        |                |
| ADDITIONAL PAPERWORK: YES NO  | 1 43   | seu   | •             | 123     |        | .0             |
|   |  |       |               |         |        |                |

DATE:

NAME:

**SIGNATURE:** 



| SUMMATIVE ASSESSOR FEEDBACK: |   |  |  |
|------------------------------|---|--|--|
| 1.                           | What has the student done well throughout this placement?                           |  |  |
|                              | What strategies can the student use to advance their learning in future placements? |  |  |
| 3.                           | Any further comments?   |  |  |
| SUF                          | ERVISOR COMMENTS:   |  |  |
| STU                          | Date:   |  |  |
| Sigi                         | nature: Date:   |  |  |

#### Scoring rules:

- Circle N/A (not assessed) ONLY if the student has not had an opportunity to demonstrate the behaviour
- If an item is not assessed it is not scored and the total ANSAT score is adjusted for the missed item
- Circle ONLY ONE number for each item
- If a score falls between numbers on the scale the higher number will be used to calculate a total
- Evaluate the student's performance against the MINIMUM practice level expected for their level

## ADDITIONAL ACTIVITIES

Record details of any additional activities such as in services or learning opportunities. This section is not compulsory. However, beneficial for your Professional Portfolio. Further pages can be copied/printed and added as required.

| Name/Details of activity  |                        |  |
|---|------------------------|--|
| Attachments   |                        |  |
| (eg. Attendance certificate)  |                        |  |
| <b>Summary of learning</b><br>What have you learnt? How the CPD activity contributes to your body of knowledge<br>and skills?   |                        |  |
|   |                        |  |
|   |                        |  |
|   | Outcomes               |  |
| <b>Outcomes</b><br>How can you apply this learning to your work and integrate the knowledge and findings<br>into your practice? |                        |  |
|   |                        |  |
|   |                        |  |
|   |                        |  |
|   | From the second second |  |
| Further learning  |                        |  |
| What further learning could you<br>undertake?   |                        |  |
|   |                        |  |
|   |                        |  |
|   |                        |  |
|   |                        |  |

| Name/Details of activity  |                  |  |  |
|---|------------------|--|--|
| Attachments   |                  |  |  |
| (eg. Attendance certificate)  |                  |  |  |
| <b>Summary of learning</b><br>What have you learnt? How the CPD activity contributes to your body of knowledge<br>and skills?   |                  |  |  |
|   |                  |  |  |
|   |                  |  |  |
| <b>Outcomes</b><br>How can you apply this learning to your work and integrate the knowledge and findings<br>into your practice? |                  |  |  |
|   |                  |  |  |
|   |                  |  |  |
|   |                  |  |  |
| What further learning cou   | Further learning |  |  |
| undertake?  | iu you           |  |  |
|   |                  |  |  |
|   |                  |  |  |
|   |                  |  |  |

Information on the following pages are provided as a guide for students and facilitators in the completion of this record book. This page and the following do not need to be submitted into the Moodle site.

#### 1. THINKS CRITICALLY AND ANALYSES NURSING PRACTICE

- Complies and practices according to relevant legislation and local policy
- Follows policies and procedures of the facility/organisation (e.g. workplace health and safety / infection control policies)
- Maintains patient/client confidentiality
- Arrives fit to work
- Arrives punctually and leaves at agreed time
- Calls appropriate personnel to report intended absence
- Wears an identification badge and identifies self
- Observes uniform/dress code
- Maintains appropriate professional boundaries with patients/clients and carers
- Uses an ethical framework to guide their decision making and practice
- Understands and respects patients'/clients' rights
- Allows sufficient time to discuss care provision with patient/clients
- Refers patients/clients to a more senior staff member for consent when appropriate
- Seeks assistance to resolve situations involving moral/ethical conflict
- Applies ethical principles and reasoning in all health care activities
- Demonstrates respect for individual and cultural (including Aboriginal & Torres Strait Islander) preference and differences
- Practices sensitively in the cultural context
- Understands and respects individual and cultural diversity
- Involves family/others appropriately to ensure cultural/spiritual needs are met
- Sources and critically evaluates relevant literature and research evidence to deliver quality practice
- Locates relevant current evidence (e.g. clinical practice guidelines and systematic reviews, databases, texts)
- Clarifies understanding and application of evidence with peers or other relevant staff
- Applies evidence to clinical practice appropriately
- Participates in quality activities when possible (e.g. assists with clinical audit, journal club)
- Shares evidence with others
- <u>Maintains the use of clear and</u> <u>accurate documentation</u>

- Uses suitable language and avoids jargon
- Writes legibly and accurately (e.g. correct spelling, approved abbreviations)
- Records information according to organisational guidelines and local policy

#### 2. ENGAGES IN THERAPEUTIC AND PROFESSIONAL RELATIONSHIPS

- Communicates effectively to maintain personal and professional boundaries
- Introduces self to patient/client and other health care team members,
- Greets others appropriately
- Listens carefully and is sensitive to patient/client and carer views
- Provides clear instructions in all activities
- Uses a range of communication strategies to optimise patient/client rapport and understanding (e.g. hearing impairment, non-English speaking, cognitive impairment, consideration of non-verbal communication)
- Communication with patient/client is conducted in a manner and environment that demonstrates consideration of confidentiality, privacy and patient's/client's sensitivities
- Collaborates with health care team and others to share knowledge that promotes person-centred care
- Demonstrates positive and productive working relationships with colleagues
- Uses knowledge of other health care team roles to develop collegial networks
- Demonstrates a collaborative approach to practice
- Identifies appropriate educational resources (including other health professionals)
- Prioritises safety problems
- Participates as an active member of the healthcare team to achieve optimum health outcomes
- Collaborates with the health care team and patient/client to achieve optimal outcomes
- Contributes appropriately in team meetings
- Maintains effective communication with clinical supervisors and peers
- Works collaboratively and respectfully with support staff
- <u>Demonstrates respect for a person's rights</u> and wishes and advocates on their behalf
- Advocates for the patient/client when dealing with other health care teams

- Identifies and explains practices which conflict with the rights/wishes of individuals/groups
- Uses available resources in a reasonable manner
- Ensures privacy and confidentiality in the provision of care

#### 3. MAINTAINS THE CAPABILITY FOR PRACTICE

- Demonstrates commitment to lifelong learning of self and others
- Links course learning outcomes to own identified learning needs
- Seeks support from others in identifying learning needs
- Seeks and engages a diverse range of experiences to develop professional skills and knowledge
- Supports and encourages the learning of others
- <u>Reflects on practice and responds to</u> <u>feedback for continuing professional</u> <u>development</u>
- Reflects on activities completed to inform practice
- Plans professional development based on reflection of own practice
- Keeps written record of professional development activities
- Incorporates formal and informal feedback from colleagues into practice
- Demonstrates skills in health education to enable people to make decisions and take action about their health
- Assists patients/clients and carers to identify reliable and accurate health information
- Patient/client care is based on knowledge and clinical reasoning
- Refers concerns to relevant health professionals to facilitate health care decisions/delivery
- Provides information using a range of strategies that demonstrate consideration of patient/client needs
- Prepares environment for patient/client education including necessary equipment
- Demonstrates skill in patient/client education (e.g. modifies approach to suit patient/client age group, uses principles of adult learning)
- Educates the patient/client in selfevaluation

- Recognises and takes appropriate action when capability for own practice is impaired
- Identifies when own/other's health/well-being affect safe practice
- Advises appropriate staff of circumstances that may impair
- adequate work performance
  Demonstrates appropriate self-care and other support strategies (e.g. stress management)
- Demonstrates accountability for decisions and actions appropriate to their role
- Provides care that ensures patient/client safety
- Provides rationales for care delivery and/or omissions
- Sources information to perform within role in a safe and skilled manner
- Complies with recognised standards of practice

# 4. COMPREHENSIVELY CONDUCTS ASSESSMENTS

- Completes comprehensive and systematic assessments using appropriate and available sources
- Questions effectively to gain
   appropriate information
- Politely controls the assessment to obtain relevant information
- Responds appropriately to important patient/client cues
- Completes assessment in acceptable time
- Demonstrates sensitive and appropriate physical techniques during the assessment process
- Encourages patients/clients to provide complete information without embarrassment or hesitation
- Accurately analyses and interprets assessment data to inform practice
- Prioritises important assessment findings
- Demonstrates application of knowledge to selection of health care strategies (e.g. compares findings to normal)
- Seeks and interprets supplementary information, (e.g. accessing other information, medical records, test results as appropriate)
- Structures systematic, safe and goal oriented health care accommodating any limitations imposed by patient's/client's health status

# 5. DEVELOPS A PLAN FOR NURSING PRACTICE

- Collaboratively constructs a plan informed by the patient/client assessment
- Uses assessment data and best available evidence to construct a plan
- Completes relevant documentation to the required standard (e.g. patient/client record, care planner and assessment, statistical information)
- Considers organisation of planned care in relation to other procedures (e.g. pain medication, wound care, allied health therapies, other interventions)
- Plans care in partnership with individuals/significant others/health care team to achieve expected outcomes
- •Collaborates with the patient/client to prioritise and formulate short and long term goals
- Formulates goals that are specific, measurable, achievable and relevant, with specified timeframe
- Advises patient/client about the effects of health care

6. PROVIDES SAFE, APPROPRIATE AND RESPONSIVE QUALITY NURSING PRACTICE

- Delivers safe and effective care within their scope of practice to meet outcomes
- Performs health care interventions at appropriate and safe standard
- Complies with workplace guidelines on patient/client handling
- Monitors patient/client safety during assessment and care provision
- Uses resources effectively and efficiently
- Responds effectively to rapidly changing patient/client situations
- Provides effective supervision and delegates safely within their role and scope of practice
- Accepts and delegates care according to own or other's scope of practice
- Seeks clarification when directions/decisions are unclear
- Identifies areas of own or other's practice that require direct/indirect supervision
- Recognises unexpected outcomes and responds appropriately

- <u>Recognise and responds to practice</u> <u>that may be below expected</u> <u>organisational, legal or regulatory</u> <u>standards</u>
- Identifies and responds to incidents of unsafe or unprofessional practice
- Clarifies care delivery which may appear inappropriate

#### 7. EVALUATES OUTCOMES TO INFORM NURSING PRACTICE

- Monitors progress towards expected goals and health outcomes
- Refers patient/client on to other professional/s
- Begins discharge planning in collaboration with the health care team at the time of the initial episode of care
- Monitors patient/client safety and outcomes during health care delivery
- Records and communicates patient/client outcomes where appropriate
- Modifies plan according to evaluation of goals and outcomes in consultation with relevant health care team and others
- Questions patient/client or caregiver to confirm level of understanding
- Updates care plans/documentation to reflect changes in care
- Uses appropriate resources to evaluate effectiveness of planned care/treatment

## Search and Find

Students PLEASE locate the following equipment and supplies in the ward you have been placed in and write where they are found in the column provided.

|     | EQUIPMENT  | LOCATION |
|-----|--|----------|
| 1.  | Fire Exits   |          |
|     | Fire Extinguishers and what fires they are used for? |          |
|     | Fire Blanket   |          |
|     | Fire Hose  |          |
| 2.  | Emergency Arrest Buzzer                              |          |
|     | Emergency Trolley - Adult                            |          |
|     | Emergency Trolley - Paediatric                       |          |
| 3.  | Defibrillator  |          |
| 4.  | ECG Machine  |          |
| 5.  | Procedure & Policy Manual                            |          |
| 6.  | Infection Control Manual                             |          |
|     | Drug Cupboards                                       |          |
|     | D.Ds   |          |
|     | Antibiotics  |          |
|     | Trolley  |          |
|     | Creams, lotions                                      |          |
|     | Ventolin etc.  |          |
|     | Water for irrigation                                 |          |
|     | Oral medications                                     |          |
| 7.  | Syringes/needles etc.                                |          |
| 8.  | Patient charts X-Rays                                |          |
|     | Old notes  |          |
|     | Notes for filing                                     |          |
|     | Stationery   |          |
| 9.  | Sterile supplies                                     |          |
| 10. | Infusion devices                                     |          |
| 11. | Computer - for patient data                          |          |
| 12. | Scrub sinks & gloves                                 |          |
| 13. | Bed unit - how do you elevate/work the bed?          |          |

| 14. | How does the patient call system and TV unit work? |                          |
|-----|--|--------------------------|
|     | Guedels airway                                     |                          |
|     | Resuscitation masks                                |                          |
|     | Thermometers                                       |                          |
|     | Suction equipment - How does it work?              |                          |
|     | Oxygen masks & tubing                              |                          |
| 15. | Locate patients/staff toilets                      |                          |
| 16. | Linen Trolley                                      |                          |
| 17. | Pan/Utility Room                                   |                          |
| 18. | Sphygmomanometer/Glucometers                       |                          |
| 19. | Stethoscopes                                       |                          |
| 20. | Visitors Lounge                                    |                          |
|     | Questions to ask you                               | ur Preceptor/Facilitator |
|     |  |                          |
| 21  | Where does staff have handover?                    |                          |
| 22. | What is the ward's phone number if you are sick?   |                          |
| 23. | Where do you leave your<br>bag/belongings?         |                          |
|     | Where can you obtain meals?                        |                          |
|     |  | am shift                 |
|     |  |                          |
|     |  | pm shift                 |
| 24. | What is the ward routine for am shift,             |                          |
|     | pm shift, and night shift?                         |                          |
|     |  | night shift              |
|     |  | -                        |
|     |  |                          |
|     |  |                          |
| 25. | How do the phones work?                            |                          |
|     |  |                          |