

Consent Form – Audio/Visual Recordings

I hereby give my permission for _____ (Trainee's name) to

- ☐ *audio and/or video record or*
☐ *for their supervisor to view the session "live"* (tick each box as appropriate)

our (or my child's session) clinical session. I understand that the recording will only be seen or heard by the Trainee's clinical supervisor who is also a Registered Psychologist. I understand that the recordings will not be released to any other person without my written consent.

The name and status of the clinical supervisor is: _____

I understand that the purpose of the audio or video recording is to assist in ensuring that a high quality of professional service is being provided to me by my Trainee Clinical Psychologist. I also understand that having given my permission for recording on one occasion, my permission will be asked again if any further recording is to occur. I also understand that I can withdraw my consent for recording at any time, and the recording will be stopped at my request.

I have been assured that the usual level of confidentiality will be preserved and that the recordings will be stored securely. I also understand that this permission covers one clinical session only and that I can decline any further requests to record my clinical sessions without experiencing any disadvantage with regard to the service being provided to me.

Name:

Signature:

Date:

Name of Trainee:

Signature:

Date:

**copy to be provided to Client as well as placed on Clinical File

Information Sheet for Clients about the use of Video/Audio Recordings.

Why record psychology sessions?

Where possible, Trainee Clinical Psychologists make video and audio-recordings of their clinical work (or have their supervisors attend live either in person or via telehealth platforms such as Zoom), as it can be very helpful in assisting us to improve our practices. Video and audio-recordings allow us to look over or listen to an interview in detail, so we can think more about the clients and about our work with them. Recording and reviewing sessions assists in ensuring that a high quality of professional service is being provided by your Trainee Clinical Psychologist. We also sometimes use recordings for supervision and teaching purposes. Trainee Clinical Psychologists who are undertaking further study are often required to record their sessions so that their professional supervisor may review their sessions with them and help them to learn and improve their skills. Recordings submitted for supervision purposes are only seen/heard by the professional supervisor. The professional supervisor is a Registered Psychologist who also respects your privacy and understands confidentiality.

Consent

Although video and/or audio-recording helps us in our work, we want to make it clear that you have the right to refuse to have your sessions recorded. This will not impact on the treatment you receive in any way. If you agree to a recording being made, we will ask you to sign a consent form. That consent will only apply to one session being recorded. If further recording is to occur, you will be asked for consent to record on every occasion. You can withdraw your consent at any time during the session, and the recording will be stopped, however information already collected will be destroyed approximately 2 months after the end of your Trainee's placement. You will always know if a session is being recorded, and this will not and cannot be done without your consent. Sessions may be recorded in different ways depending on the organisations preferred method, however, most often will utilise a platform like Zoom to record sessions either via telehealth or in person.

Confidentiality

Video and audio-recordings are treated the same as other clinical records. We undertake to always safeguard your privacy and store recordings securely. Recordings will be stored securely and destroyed as soon as possible after the end of the students appeal period (approx. 2 months after the end of placement). If you do not wish to have sessions recorded or decide at any time you no longer wish to have sessions recorded, you can notify your Trainee Psychologist, and this will not impact your treatment.